



ROOTED & REFLECTIVE

Monthly + Weekly Reflection Packet



March 2026 — Ethical Leadership in Real Time

March draws you into deeper integrity. This is where leadership becomes lived—where your principles, boundaries, stewardship, and choices reflect your character. Through honest examination and thoughtful decision-making, this month helps you lead with clarity, responsibility, and unwavering alignment to your values.

DECEMBER 1, 2025

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START OF MONTH – THEME SETTING

Name the season. Establish focus. Align your posture.

Month: March 2026

Monthly Theme: Ethical Leadership in Real Time – Strengthen judgment, decision-making, and integrity-driven leadership.

Scripture / Anchor Verse: Micah 6:8; Proverbs 11:3; Luke 16:10; James 1:5

1. Why This Theme Matters Right Now

2. What I Sense God Is Developing in Me This Month

3. What I Want to Experience This Month

4. What I Will Prioritize

5. What I Will Release

6. Monthly Intention Statement

7. Opening Prayer for the Month

BEFORE – WEEKLY INTENTION

Set focus. Establish rhythm. Begin centered.

Name: March 2026

Week: Week 1 Principles

Theme: Identify the ethical standards that guide your leadership.

1. What I Need This Week

2. What I Want to Cultivate

3. My Intention for the Week

4. What I Will Release

5. Support I Will Give Myself

6. Prayer of Intention

MID-WEEK STUDY REFLECTION

Pause. Listen. Realign.

Name: March 2026

Week: Week 1 Principles

Theme: Identify the ethical standards that guide your leadership.

1. What I'm Learning

2. What God Is Highlighting

3. Where I Feel Tension or Resistance

4. Where I Sense Invitation

5. Mid-Week Centering Prayer

AFTER – WEEKLY REFLECTION

Review the week. Notice growth. Return to center.

Name: March 2026

Week: Week 1 Principles

Theme: Identify the ethical standards that guide your leadership.

1. What Shifted

2. What Grounded Me

3. What Surfaced

4. A Small Step Forward Will Release

BEFORE – WEEKLY INTENTION

Set focus. Establish rhythm. Begin centered.

Name: March 2026

Week: Week 2 Boundaries

Theme: Practice healthy limits in work, family, and service.

1. What I Need This Week

2. What I Want to Cultivate

3. My Intention for the Week

4. What I Will Release

5. Support I Will Give Myself

6. Prayer of Intention

MID-WEEK STUDY REFLECTION

Pause. Listen. Realign.

Name: March 2026

Week: Week 2 Boundaries

Theme: Practice healthy limits in work, family, and service.

1. What I'm Learning

2. What God Is Highlighting

3. Where I Feel Tension or Resistance

4. Where I Sense Invitation

5. Mid-Week Centering Prayer

AFTER – WEEKLY REFLECTION

Review the week. Notice growth. Return to center.

Name: March 2026

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Theme: Practice healthy limits in work, family, and service.

1. What Shifted

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BEFORE – WEEKLY INTENTION

Set focus. Establish rhythm. Begin centered.

Name: March 2026

Week: Week 3 Stewardship

Theme: Reflect on how you handle influence and responsibility.

1. What I Need This Week

2. What I Want to Cultivate

3. My Intention for the Week

4. What I Will Release

5. Support I Will Give Myself

6. Prayer of Intention

MID-WEEK STUDY REFLECTION

Pause. Listen. Realign.

Name: March 2026

Week: Week 3 Stewardship

Theme: Reflect on how you handle influence and responsibility.

1. What I'm Learning

2. What God Is Highlighting

3. Where I Feel Tension or Resistance

4. Where I Sense Invitation

5. Mid-Week Centering Prayer

AFTER – WEEKLY REFLECTION

Review the week. Notice growth. Return to center.

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Theme: Reflect on how you handle influence and responsibility.

1. What Shifted

2. What Grounded Me

3. What Surfaced

4. A Small Step Forward Will Release

BEFORE – WEEKLY INTENTION

Set focus. Establish rhythm. Begin centered.

Name: March 2026

Week: Week 4 Choices

Theme: Document a recent decision and evaluate the process.

1. What I Need This Week

2. What I Want to Cultivate

3. My Intention for the Week

4. What I Will Release

5. Support I Will Give Myself

6. Prayer of Intention

MID-WEEK STUDY REFLECTION

Pause. Listen. Realign.

Name: March 2026

Week: Week 4 Choices

Theme: Document a recent decision and evaluate the process.

1. What I'm Learning

2. What God Is Highlighting

3. Where I Feel Tension or Resistance

4. Where I Sense Invitation

5. Mid-Week Centering Prayer

AFTER – WEEKLY REFLECTION

Review the week. Notice growth. Return to center.

Name: March 2026

Week: Week 4 Choices

Theme: Document a recent decision and evaluate the process.

1. What Shifted

2. What Grounded Me

3. What Surfaced

4. A Small Step Forward Will Release

END OF MONTH – REFLECTION & REVIEW

Look back. Notice growth. Close the month with clarity.

Month: March 2026

Theme: Ethical Leadership in Real Time – Strengthen judgment, decision-making, and integrity-driven leadership.

1. What Changed in Me

2. What God Highlighted This Month

3. What I Struggled With

4. What Supported My Spiritual Health

5. What I Want to Carry Forward

6. What I'm Leaving Behind

7. Closing Gratitude & Prayer
